

Hemp seeds, 200 g



Organic seeds, ready to use

Rating: Not Rated Yet

Price
5,90 €

Discount:

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Manufacturer: [RadoGrad company](#)

Description Hemp seeds contain more polyunsaturated fatty acids than any other food and are the only food to contain Omega 3 and 6 in just the right ratio humans need. Essential Fatty Acids (EFAs) from hemp oil are important for energy production, healthy skin, mental health and immune function. Just one tablespoon of Hemp seeds contains over 7,000mg of EFAs.

Hemp is also a great way to get high quality gluten-free Protein into your diet. It has a complete Amino Acid Profile and is the only plant to make protein from Edestin, a highly digestible and optimum form of protein.

More nutrition facts for hemp on Wiki: <https://en.wikipedia.org/wiki/Hemp>

Reviews

Whole grains organic : Hemp seeds, 200 g

There are yet no reviews for this product.