

## Ivan-Chai



Fermented willow-herb tea, bulk, 50 g

Rating: Not Rated Yet

**Price**  
4,00 €

Discount:

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Description Ivan-Chai (*Epilobium angustifolium*) was a traditional Russian hot beverage for centuries before it was almost completely replaced by Indian and Chinese black and green teas. With its rich composition of minerals and vitamins, willow-herb makes for a healthy, caffeine-free tea that does not contain harmful uric acid or oxalate. Willow-herb tea is also a mild sedative. The plant is abundant in large areas of Russia, and can be fairly easily collected in large quantities from the wild. The fermented herbal tea can be produced in Kins settlements and

ecovillages by hands or with simple devices. As an original and organic product, Ivan-Chai is an excellent replacement for imported teas.



### Reviews

There are yet no reviews for this product.