

## Maral root, 100g



Natural remedy from Altai

Rating: Not Rated Yet

**Price**  
9,50 €

Discount:

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**Description** Maral root is grown naturally in Altai region of Russia. It comes in raw dry roots (non-chopped).

**Other Names:** Cnicus carthamoides, Leuzea carthamoides, Lou Cao, Maralrot, Rhaponticum carthamoides, Saflor Bergscharte, Stemmacantha carthamoides.

Maral root acts as an adaptogen (a class of herbs thought to increase your resistance to the harmful effects of stress). Often used to enhance athletic performance and build muscle mass, it's also used to treat a variety of health conditions.

Maral root contains a number of compounds thought to influence health, including several antioxidants and ecdysteroids (a type of steroid found to increase muscle mass in preliminary studies).

Maral root might also improve sexual function in men.

**Reviews**

There are yet no reviews for this product.