

## Naked oats



Organic oat grains for germination, 500 g

Rating: Not Rated Yet

**Price**  
3,50 €

Discount:

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Manufacturer: [The Ringing Cedars of Russia company](#)

Description Naked oats is a special grade of oats with grains having no covering skin.

Such oats don't go through mechanical peeling and therefore keep high germination ability. Naked oats sprouts energetically is very powerful food. Add them for breakfast and the power you get will keep your energy running for a long time.

Naked oats contain more energy compared to oats with skin. It differs by considerably high protein and fat, and also anti-virus and antibacterial substances, such as lysine and methionine. Regular take of naked oat sprouts normalise work of digestive tract. Oat sprouts raise immunity, restore muscular power, restore blood.

### Reviews

There are yet no reviews for this product.